**Patient Messaging Kit**

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MonaLisa Touch®: A Novel Laser for Gynecologic Health

Millions of women experience changes to their gynecologic health that affect their personal lives as a consequence. Now there’s a solution! MonaLisa Touch® is a simple, proven laser to help you feel like yourself again.

MonaLisa Touch uses fractional laser technology to ablate small micro-columns of tissue. This leaves an ecosystem of healthy unaffected tissue to support rapid healing.

• Thousands of women have chosen MonaLisa Touch since 2012

• Fast: <5 minute in-office procedure

• Non-hormonal, chemical-free

• Virtually no downtime

You deserve to feel like yourself again, so ask us today if MonaLisa Touch is right for you!

The effects of aging can cause changes to a woman’s gynecologic health. You may still retain your youthful energy and enthusiasm, but these changes may affect your quality of life in ways you never expected. Many women suffer silently, and those who seek treatment may find their options limited. Now there’s a solution! MonaLisa Touch® is a simple, proven laser to help you feel like yourself again. Laser sessions are less than 5 minutes each and are conveniently performed right here in our office during a routine outpatient appointment. For more information, contact Beth Goodiel at [bethgoodielcnm@gmail.com](mailto:bethgoodielcnm@gmail.com), or visit the website at [www.bethgoodiel.com](http://www.bethgoodiel.com) to schedule an appointment.

**Frequently Asked Questions**

**Who is MonaLisa Touch for?**

Women with gynecologic health concerns.

The SmartXide Touch Laser (MonaLisa Touch) is indicated for incision, excision, ablation, vaporization and coagulation of body soft tissues in medical specialties including aesthetic (dermatology and plastic surgery), podiatry, otolaryngology (ENT), gynecology, neurosurgery, orthopedics, general and thoracic surgery (including open and endoscopic), dental and oral surgery and genitourinary surgery. Use with the scanning unit is indicated for ablative skin resurfacing.

Like all medical procedures, not all patients are suitable. Your medical provider will review the risks and benefits of MonaLisa Touch.

**What can I expect with the procedure?**

This is a well-tolerated in-office procedure that typically does not require anesthesia and only lasts about 5 minutes.

Please [click here](http://www.smilemonalisa.com/more-information/) to learn more about side-effects.

**What can I expect after the procedure?**

Patients can return to normal activities but should refrain from sexual activity for 2-3 days. Your doctor will determine a post-procedure regimen that is right for you.

**How much will the procedure cost?**

Contact Beth at [bethgoodielcnm@gmail.com](mailto:bethgoodielcnm@gmail.com) for her affordable pricing.

**Will the procedure be covered by insurance?**

This procedure is not eligible for insurance reimbursement, payment is due to Beth Goodiel at the time of service.

**How does it work?**

MonaLisa Touch uses fractional laser technology to ablate small micro-columns of tissue. This leaves an ecosystem of healthy unaffected tissue to support rapid healing.

**Where can I have this done?**

Laser sessions are conveniently performed right here in our office during a routine outpatient appointment**.**

**How long will it last?**

Everyone is unique and our skin ages pre and post-procedure. You and your physician should discuss your needs and expectations.